



THE Falls River Court Lifestyle



FALLS RIVER
ASSISTED LIVING & MEMORY CARE

Like Us!  

MEMORY CARE COMMUNITY
1130 Falls River Avenue · Raleigh, NC 27614 · (919) 805-3113 · www.fallsriverseniorliving.com

DECEMBER 2024

Director's Corner

As the end of the year approaches, I find myself truly thankful for my first 8 months of serving as Executive Director for Falls River Court and Falls River Village. It has truly been a family atmosphere, and I am grateful that all of you have chosen our community as "Your Home." Throughout these 8 months, I have found myself also grateful for the many talented staff who take great pride in their work and ensuring that our residents are cared for with dignity and respect. The support group, **Forget Me Not**, has been successful and I would like to remind everyone that the group meets every 2nd Wednesday of each month at 9:30am.

A great way to see what exciting activities are happening at the community is to like our Facebook page. Each week you will find at least 2 or 3 posts of the events that have happened.



Winter Ball Dinner Party

Wednesday, December 18th

4:00 pm

Invitations will be sent to families.



'Tis The Season for Celebrating the Holidays

Falls River Village and Court will have a Resident Angel tree.

Our Residents will decorate their angels and have 3 gift ideas.

All Angels will be placed on the Christmas tree in the Village by December 7th

Families and Friends, please adopt a Resident Angel for Christmas!

Once name(s) are selected, please sign out your Angel in the **Yellow Book at the Concierge Desk.**

Please have **ALL** wrapped gifts with Resident's First initial & Last name returned by Wednesday, December 18th, @ 5:00pm to the Concierge desk or the Activities office

*****Gifts will be Delivered to All Residents on Tuesday, December 24, 2024.*****

DECEMBER 2024

The Joy of Simple Things

A whirlwind of sights and sounds, the holiday season is often a busy time. But there's much joy and meaning to be found in the quieter moments as well.

Treats. Certain foods taste better around the holidays, don't they? Whether it's a sip of eggnog or a bite of decadent fudge, savor the moment as a mini celebration. **Decorations.** Setting out some seasonal items can instantly put you in a festive mood. By placing a treasured keepsake in a spot where you'll see it every day, you can stir up warm feelings of comfort and joy.

Crafts. Winter is often peak crafting season. If the weather outside is frightful, you can delight in creating a homemade gift or jolly decoration. Take pride in using your hands and putting love into your work. **Music.** Listening and singing along to your favorite holiday tunes is a simple pleasure that many folks enjoy. When you hear a song that's special to you, close your eyes and focus on the words and melody.

"The more positivity, love and light you reflect, the more light is mirrored your way."
 —Suzy Kassem

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|---|
| 1 10:00 -Move it, Move it (LR) 11:00 -Hayes Barton Baptist Church 2:00 -Color with a friend | 2 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 1:30 -Creative Art, Designing Angels 2:30 -Music with Luke | 3 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 -Creative Art, Designing (DR) 2:00 -Ice Cream Social (LR) 3:00 One on One Activity Time | 4 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 -Name that Holiday Tune (LR) 3:00 -Music with John | 5 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 -Indoor Games (LR) 3:00 -one on one Activity Time | 6 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 -Jammin' with Christian (LR) 2:15 -Happy Hour (DR) 5:30 -Evening Movie (LR) | 7 10:00 -Move it, Move it (LR) 11:00 -Creative Coloring (Self-Guided) 4:00 -Table Games |
| 8 10:00 -Move it, Move it (LR) 11:00 -Hayes Barton Baptist Church 2:00 -Color with a friend | 9 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 10:30 --Creative Art- Holiday Painting (De) 1:30 -Sponge Art 2:30 --Monday Movie (LR) | 10 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 -Indoor Games, Floor Tic-tac-toe (LR) 2:00 -Ice Cream Social (LR) 3:00 One on One Activity Time | 11 9:30 -Forget Me Not Support Group (Village GAL) 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 1:30 Paint & Pour 3:00 -Music with John | 12 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 -Lunch at Big Eds Restaurant 3:00 -Making a Healthy Snack (DR) | 13 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 2:15 -Happy Hour (DR) 5:30 -Evening Movie (LR) | 14 10:00 -Move it, Move it (LR) 11:00 -Creative Coloring (Self-Guided) 4:00 -Table Games |
| 15 10:00 -Move it, Move it (LR) 11:00 -Hayes Barton Baptist Church 2:00 -Color with a friend | 16 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 1:30 -Sponge Art 2:30 --Monday Movie (LR) | 17 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 -Indoor Games, Floor Tic-tac-toe (LR) 2:00 -Ice Cream Social (LR) 3:00 One on One Activity Time | 18 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 3:00 -Music with John 4:00 Winter Ball, Dinner (DR) | 19 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 2:00 --Making Holiday Cookies (DR) 3:30 -Movercize with Rich | 20 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 2:15 -Holiday Party, Happy Hour (DR) 5:30 -Evening Movie (LR) | 21 10:00 -Move it, Move it (LR) 11:00 -Creative Coloring (Self-Guided) 4:00 -Table Games |
| 22 10:00 -Move it, Move it (LR) 11:00 -Hayes Barton Baptist Church 2:00 -Color with a friend | 23 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 -Balloon Volleyball (LR) 1:30 -Sponge Art 2:30 --Monday Movie (LR) | 24 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 -Indoor Games, Floor Tic-tac-toe (LR) 2:00 -Ice Cream Social (LR) 3:00 One on One Activity Time | 25 Merry Christmas 9:30 -Words of Encouragement 10:00 -Morning Sitcoms (LR) 10:30 --Enjoy the time with your Family | 26 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 --Balloon Art (DR) 1:30 -Balloon Volleyball (LR) | 27 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 2:15 -Happy Hour (DR) 5:30 -Evening Movie (LR) | 28 10:00 -Move it, Move it (LR) 11:00 -Creative Coloring (Self-Guided) 4:00 -Table Games |
| 29 10:00 -Move it, Move it (LR) 11:00 -Hayes Barton Baptist Church 2:00 -Color with a friend | 30 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 12:00 -Indoor Games 1:30 -Sponge Art 2:30 -December Birthday Celebration (LR) | 31 9:30 -Words of Encouragement 10:00 -Move it, Move it (LR) 11:00 -Indoor Games, Floor Tic-tac-toe (LR) 2:00 -New Year's Eve Bash (LR) 3:00 One on One Activity Time | | | | |



December Birthday

Eva G December 20th



We want to have a special treat for our Residents in the Court this Holiday season: stuffed Stockings! Please donate some stocking stuffers that make the season Brighter: Some ideas (nonslip Footies, stress balls, snacks, family photos, small stuffed animals, small, rolled blankets)

- **Executive Director**
Barbara Riexinger
- **Assisted Living Director**
Tonyita Breedon
- **Business Office Director**
Caroline Mbithi
- **Maintenance Director**
Joseph DeWeese
- **Activities Director**
Adriena (Michelle) Moore
- **Food Service Director**
Chelsea Jacobs
- **Sales & Marketing Director**
Virginia Dawson
- **Resident Care Coordinator**
Angel White
- **Memory Care Coordinator**
Lathusana Parson
- **Maintenance Assistant**
Eric Parson
- **Activities Assistant**
Chakira Brown
- **Bus Driver**
Randolph (Randy) Fairconeture

If you would like to speak to one of these Team Members, please contact the front desk at 919-844-9747.

If you would like to email a manager, please use this format:
first initial of first name, last name @
tarantinoseniorliving.com
(example: briexinger
@tarantinoseniorliving.com)

