

THE Falls River Court Lifestyle



FALLS RIVER
ASSISTED LIVING & MEMORY CARE

Like Us!  

MEMORY CARE COMMUNITY

1130 Falls River Avenue · Raleigh, NC 27614 · (919) 805-3113 · www.fallsriverseniorliving.com

Fall Classic Facts

From the first pitch to the last out, the World Series is the highlight of every MLB season. Look over this lineup of facts about the Fall Classic.

- At the first World Series, in 1903, the Boston Americans defeated the Pittsburgh Pirates five games to three.
- American League teams have claimed the most World Series championships.
- With a wind chill of 18 degrees and snow flurries flying, Cleveland hosted the coldest Series game on record in 1997.
- The temperature soared to 103 degrees at Los Angeles' Dodger Stadium in 2017, the hottest game on record.
- Awarded since 1967, the sterling silver Commissioner's Trophy is 24 inches tall and weighs 30 pounds. It features 30 metal flags representing every MLB team.
- Handing out rings to the winning team's players and coaches became an annual tradition in the 1930s.
- The New York Yankees have won the most World Series titles, 27 in all.
- At 18 innings and 7 hours, 20 minutes, Game 3 in 2018 was the longest in Series history. The Los Angeles Dodgers beat the Boston Red Sox in that duel, but the Sox went on to win the championship.
- In 1956, New York Yankee Don Larsen pitched the only perfect game in a World Series.
- The Series has been canceled twice: in 1904, due to an intense rivalry between the American League and National League, and in 1994, because of a players' strike.



OCTOBER 2024

Healthy Lifestyle

Helloo Fall

I don't know about y'all, but this is my favorite time of the year! I'm looking forward to the nice cool fall mornings and evenings. It's a great time to get out and enjoy the outdoors. Whether taking a stroll or sitting on the porch, it's relaxing to just be outside (most of the insects are gone, too). I encourage each of you to spend some time outside, soak in the crisp fall air and admire the fall foliage. Being outside can also trigger hormones that promote happiness and wellbeing as well as help to reduce the perception of pain. Hope to see you all chatting or relaxing in our outside areas at Falls River Court and Village. There's a lot going on this fall, specifically this October. The annual Walk to End Alzheimer's will take place Saturday, October 5th, this year in Raleigh. Alzheimer's Dementia is the most prevalent type of dementia; over six million people have been diagnosed in the US. It is currently the sixth leading cause of death in the US.

October is also Breast Cancer Awareness Month. Please watch for events that are planned for the month of October to raise awareness of breast cancer and emphasize the need for early detection. We will also celebrate our family of survivors within Falls River Village and Court (residents, families and staff).

From my heart to yours ...

T.

OCTOBER 2024

Transportation News

Transportation to medical appointments can be scheduled by contacting our Concierge at (919) 844-9747.

Appointments need to be scheduled for a Tuesday, Wednesday or Thursday 9 am to 3 pm. Monday and Friday will be for emergency appointments only. Please provide us with a 72-hour advanced notice.

Car Connection

From Herbie the Love Bug to Lightning McQueen, cars with names and personalities are nothing new in pop culture. And studies show that 56% of Americans give their own vehicles a name. Not only is this a form of self-expression, but some say that naming a car can help us feel safer and more in control while driving. On Oct. 2, National Name Your Car Day, poll your peers about their history with naming cars. Have you ever named a vehicle?

**“Listen! The wind is rising,
and the air is wild
with leaves,
We have had our
summer evenings,
now for October eves!”
—Humbert Wolfe**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		INTERNATIONAL COFFEE DAY 9:30 Words of Encouragement 10:00 Move It, Move It (LR) 10:30 Coffee Bar Brew 11:00 Indoor Games 2:00 Ice Cream Social (LR)	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 1:30 Fall Foliage Trip 3:00 Music w/ John	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 2:00 Picture Bingo	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 11:00 Music with Christian (LR) 2:15 Happy Hour (LR) 3:30 Popcorn & a Movie	10:00 Move It, Move It (LR) 4:00 Table Games
10:00 Move It, Move It (LR) 11:00 Hayes Barton Baptist Church 2:00 Color with a Friend	NATIONAL FOOD SERVICE WEEK 9:30 Words of Encouragement 10:00 Move It, Move It (LR) 1:30 Creative Art 2:30 Music w/ Luke	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 11:00 Indoor Games 2:00 Ice Cream Social (LR)	9:30 Forget Me Not Support Group (Village Gallery) 9:30 Words of Encouragement 10:00 Move It, Move It (LR) 1:30 Paint & Pour 3:00 Music w/ John	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 2:00 Picture Bingo 3:00 Cooking Bakery Treats	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 2:15 Happy Hour (LR) 3:30 Popcorn & a Movie	10:00 Move It, Move It (LR) 4:00 Table Games
10:00 Move It, Move It (LR) 11:00 Hayes Barton Baptist Church 2:00 Color with a Friend	Columbus Day 9:30 Words of Encouragement 10:00 Move It, Move It (LR) 1:30 Creative Art	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 11:00 Indoor Games 2:00 Ice Cream Social (LR)	NATIONAL SPORTS DAY 9:30 Words of Encouragement 10:00 Move It, Move It (LR) 3:00 Music w/ John	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 2:00 Picture Bingo 3:30 Movercize with Rich	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 2:15 Happy Hour (LR) 3:30 Popcorn & a Movie	10:00 Move It, Move It (LR) 4:00 Table Games
10:00 Move It, Move It (LR) 11:00 Hayes Barton Baptist Church 2:00 Color with a Friend	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 1:30 Creative Art	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 11:00 Indoor Games 2:00 Ice Cream Social (LR)	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 1:30 Paint & Pour 3:00 Music w/ John	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 2:00 Picture Bingo	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 2:15 Happy Hour (LR) 3:30 Popcorn & a Movie	10:00 Falls River Craft Fair (Village Gallery) 10:00 Move It, Move It (LR) 4:00 Table Games
10:00 Move It, Move It (LR) 11:00 Hayes Barton Baptist Church 2:00 Color with a Friend	NATIONAL 1ST RESPONDERS DAY 9:30 Words of Encouragement 10:00 Move It, Move It (LR) 1:30 Creative Art	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 11:00 Indoor Games 2:00 Halloween Social (LR)	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 3:00 Music w/ John	9:30 Words of Encouragement 10:00 Move It, Move It (LR) 2:00 Picture Bingo		

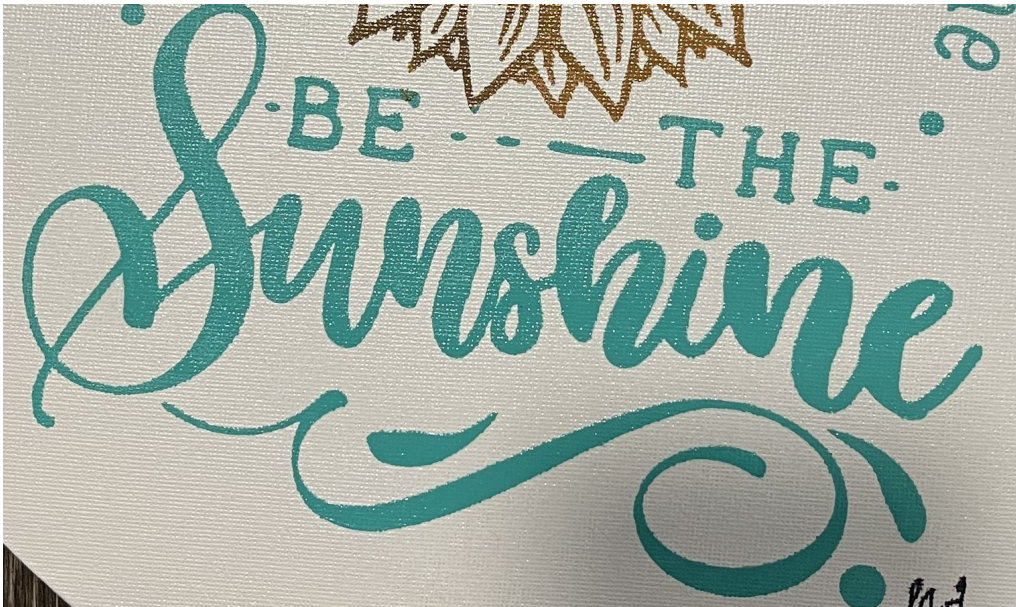


October Birthdays

10/10 Ronald Pannesi
10/15 Frances Curcio

Famous Faces Born in October

Oct. 1, 1924: Jimmy Carter
Oct. 9, 1964: Guillermo del Toro
Oct. 10, 1958: Tanya Tucker
Oct. 11, 1992: Cardi B
Oct. 14, 1978: Usher
Oct. 18, 1939: Mike Ditka
Oct. 23, 1986: Emilia Clarke
Oct. 30, 1987: Ashley Graham



2024 FALLS RIVER CRAFT FAIR

JOIN US ON SATURDAY, OCTOBER 26TH
10 AM TO 3 PM
FALLS RIVER VILLAGE
RESIDENT CRAFT FAIR
FAMILIES AND FRIENDS ARE WELCOME

MEET THE TEAM

- **Executive Director**
Barbara Riexinger
- **Assisted Living Director**
Tonyita Breedon
- **Business Office Director**
Caroline Mbithi
- **Maintenance Director**
Joseph DeWeese
- **Activities Director**
Adriana (Michelle) Moore
- **Food Service Director**
Chelsea Jacobs
- **Sales & Marketing Director**
Virginia Dawson
- **Resident Care Coordinator**
Angel White
- **Memory Care Coordinator**
Lathusana Parson
- **Maintenance Assistant**
Eric Parson
- **Activities Assistant**
Chakira Brown

If you would like to speak to one of these Team Members, please contact the front desk at 919-844-9747.

If you would like to email a manager, please use this format:
first initial of first name, last name @ tarantinoseniorliving.com (example: briexinger @tarantinoseniorliving.com)

