

THE Falls River Village Lifestyle



FALLS RIVER
ASSISTED LIVING & MEMORY CARE

Like Us!  

ASSISTED LIVING COMMUNITY

1110 Falls River Avenue · Raleigh, NC 27614 · (919) 805-3113 · www.fallsriverseniorliving.com

DECEMBER 2024

Director's Corner

As the end of the year approaches, I find myself truly thankful for my first 8 months of serving as Executive Director for Falls River Court and Falls River Village. It has truly been a family atmosphere, and I am grateful that all of you have chosen our community to call "Home." Throughout these 8 months I have found myself also grateful for the many talented staff who take great pride in their work and ensuring that our residents are cared for with dignity and respect.

The support group, Forget Me Not has been successful, and I would like to remind everyone that the group meets every 2nd Wednesday of each month at 9:30am, in the Village Gallery. Our Facebook page is a great way to see what exciting activities are happening at the community. Each week you will find at least 2 or 3 posts of the events that have happened.



Winter Ball Dinner Party

Tuesday, December 17th

4:00 pm

Invitations will be sent to families.



'Tis The Season for Celebrating the Holidays

Falls River Village and Court will host a Resident Angel tree. Residents will decorate their angels and have 3 gift ideas.

All Angels will be placed on the Christmas tree in the Village by December 7th.

Families and Friends, please adopt a Resident Angel for Christmas!

Select a name, please sign out your Angel.

Yellow Book at the Concierge Desk

Please have wrapped gifts with Resident's First initial & Last name by Wednesday, December 18th, at 5:00pm, to the Concierge desk or the Activities office.

*****Gifts will be Delivered to All Residents on Tuesday, December 24, 2024*****

DECEMBER 2024

Gingerbread Pecans

Celebrate a sweet taste of the season with this festive snack.

Ingredients:

- 1 large egg white, beaten
- 2 cups raw pecan halves
- 2 tablespoons granulated sugar
- 2 tablespoons light brown sugar
- 2 teaspoons gingerbread spice blend
- 1 pinch salt

Directions:

Preheat oven to 300° F. Line baking sheet with parchment paper and set aside.

In a large bowl, whisk beaten egg white with a fork until frothy. Add pecans and stir until coated.





Sprinkle pecans with granulated sugar, brown sugar, gingerbread spice and salt. Stir to coat evenly. Spread pecans in an even layer on the prepared baking sheet.

Bake pecans for 40 minutes, stirring halfway. Allow pecans to cool completely before serving.

Store pecans in an airtight container for up to four days.

For more recipes, go to AmericanPecan.com.

“The more positivity, love and light you reflect, the more light is mirrored your way.”
 —Suzy Kassem

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 -Sharing words of encouragement (GAL) 11:00 -Hayes Barton Baptist Church (LR) 3:00 -Music by Harrison	2 9:45 -Sharing words of encouragement (GAL) 10:30 -Zumba with Linda (LR) 1:00 -Pet Therapy with Catherine 1:30 -BINGO (GAL) 2:00 -Music with Luke (LR) 3:30 -Creative Art, Holiday Angels (GAL)	3 9:45 -Sharing words of encouragement (GAL) 10:30 -Name that Holiday Tune (LR) 2:30 -Ice Cream Social (GAL) 3:00 -Pet Therapy with Denise 3:30 -Creative Art, Cont... Holiday Angel (GAL)	4 9:45 -Sharing words of encouragement (GAL) 10:30 -Body Stretches (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR)	5 9:45 -Sharing words of encouragement (GAL) 10:30 -Music & Movement (LR) 2:00 -Chef Chat (GAL) 3:00 -Word Search (GAL)	6 9:45 -Sharing words of encouragement (GAL) 10:30 -Body Stretches (LR) 11:30 -Jammin' with Christian (LR) 1:30 -BINGO (GAL) 2:30 -HAPPY HOUR!! (GAL) 5:00 -Evening Movie (LR)	7 9:45 -Sharing words of encouragement (GAL) 10:30 -Move it! Move it! (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided)
8 9:45 -Sharing words of encouragement (GAL) 10:00 Sunday Service Pastor Dawn 11:00 -Hayes Barton Baptist Church (LR) 12:45 -Faithful Friends Fellowship (LR) 2:00 Music with Renee 3:00 -Music by Harrison	9 9:45 -Sharing words of encouragement (GAL) 10:30 -Zumba with Linda (LR) 1:00 -Pet Therapy with Catherine 1:30 -BINGO (GAL) 2:30 Tasty Bakes Cooking (GAL)	10 9:45 -Sharing words of encouragement (GAL) 10:30 -Music & Movement (LR) 11:00 Resident Council Meeting (GAL) 2:30 -Ice Cream Social (GAL) 5:00  Holiday Night of Lights ✓	11 9:30  -Forget Me Not Support Group (GAL) 9:45 -Sharing words of encouragement (Sun Room) 10:30 Movin' to the Music (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR)	12 9:30 Shopping Trip-Hamricks of Raleigh 9:45 -Sharing words of encouragement (GAL) 10:30 -Music & Movement (LR) 3:00 -Word Search (GAL)	13 9:45 -Sharing words of encouragement (GAL) 10:00 Pet Therapy w/ Brenda 1:30 -BINGO (GAL) 2:30 -HAPPY HOUR!! (GAL)	14 9:45 -Sharing words of encouragement (GAL) 10:30 -Move it! Move it! (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided)
15 9:45 -Sharing words of encouragement (GAL) 11:00 -Hayes Barton Baptist Church (LR) 3:00 -Music by Harrison	16 9:45 -Sharing words of encouragement (GAL) 10:30 -Zumba with Linda (LR) 11:00 -Resident Council Meeting 1:00 -Pet Therapy with Catherine 1:30 -BINGO (GAL)	17 9:45 -Sharing words of encouragement (GAL) 10:30 -Music & Movement (LR) 11:00 -Pet Therapy with Denise 1:15 Music with Roseann (LR) 4:00  Winter Ball - Dinner Party	18 9:45 -Sharing words of encouragement (GAL) 10:30 -Body Stretches (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR)	19 9:45 -Sharing words of encouragement (GAL) 10:30 -Music & Movement (LR) 1:30 Creative Art- Holiday Ornaments (GAL) 3:00 -Word Search (GAL) 4:00 Movercize with Rich	20 9:45 -Sharing words of encouragement (GAL) 10:30 -Body Stretches (LR) 1:00 -BINGO (GAL) 2:30 -Resident Holiday Social & Secret Santa Exchange (GAL)	21 9:45 -Sharing words of encouragement (GAL) 10:30 -Move it! Move it! (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided)
22 9:45 -Sharing words of encouragement (GAL) 11:00 -Hayes Barton Baptist Church (LR) 12:45 -Faithful Friends Fellowship (LR) 3:00 -Music by Harrison	23 9:45 -Sharing words of encouragement (GAL) 10:30 -Zumba with Linda (LR) 1:00 -Pet Therapy with Catherine 1:30 -Holiday BINGO (GAL)	24 9:45 -Sharing words of encouragement (GAL) 10:30 -Music & Movement (LR) 2:30 -Holiday Themed Ice Cream Social (GAL) 5:00  -Adopt an Angel Deliveries (Room Visit)	25 Merry Christmas 9:45 -Sharing words of encouragement (GAL) 1:00 Enjoy Family Time Today	26 9:45 -Sharing words of encouragement (GAL) 10:30 -Music & Movement (LR) 11:00  -Walmart Trip ✓ 2:00 Cook's Corner w/ Chelsea 3:00 -Word Search (GAL)	27 9:45 -Sharing words of encouragement (GAL) 10:00 -Pet Therapy with Brenda 1:30 -BINGO (GAL) 2:30 -HAPPY HOUR!! (GAL)	28 9:45 -Sharing words of encouragement (GAL) 10:30 -Move it! Move it! (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided)
29 9:45 -Sharing words of encouragement (GAL) 11:00 -Hayes Barton Baptist Church (LR) 3:00 -Music by Harrison	30 9:45 -Sharing words of encouragement (GAL) 10:30 -Zumba with Linda (LR) 1:00 -Pet Therapy with Catherine 1:30 -BINGO (GAL) 2:30 -December Birthday Social	31 9:45 -Sharing words of encouragement (GAL) 10:30 -Music & Movement (LR) 2:30 New Year's Eve BASH				



Happy Birthday

Sandra T. (12/6)
 Jeanne D. (12/12)
 Joyce U. (12/15)
 George B. (12/30)

Beauty Services

- **Charlotte Wemple:** I have been styling hair at Falls River Village and Court for 20+ years. I am **available each Wednesday beginning at 9:30am**. Please sign up in the Yellow Salon book or call for an appointment: **(919) 441-5032**.
- **Tina Weatherspoon:** StylNn Hair Designs: I have been a Hairstylist at Falls River Village for over 24 years. **Please call to schedule your haircare needs: (919) 625-0364.**
- **Brenda Buday:** I have been a hair stylist at Falls River Village for 3 years and I would be happy to service your haircare needs. **Please call to set up an appointment: (919) 961-2962.**
****December is the perfect season to gift a New Hair Style****



- **Executive Director**
Barbara Riexinger
- **Assisted Living Director**
Tonyita Breedon
- **Business Office Director**
Caroline Mbithi
- **Maintenance Director**
Joseph DeWeese
- **Activities Director**
Adriena (Michelle) Moore
- **Food Service Director**
Chelsea Jacobs
- **Sales & Marketing Director**
Virginia Dawson
- **Resident Care Coordinator**
Angel White
- **Memory Care Coordinator**
Lathusana Parson
- **Maintenance Assistant**
Eric Parson
- **Activities Assistant**
Chakira Brown
- **Bus Driver**
Randolph (Randy) Fairconeture

If you would like to speak to one of these Team Members, please contact the front desk at 919-844-9747.

If you would like to email a manager, please use this format:

first initial of first name, last name @

tarantinoseniorliving.com

(example: briexinger

@tarantinoseniorliving.com)

